**FAITH COMMUNITY NURSE MONTHLY REPORT**

**MONTH OF \_\_August 2015\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ MILEAGE FOR MONTH\_\_580\_\_\_\_\_\_\_**

|  |  |  |  |
| --- | --- | --- | --- |
| **CONTACTS** | **#** | **CLINICS/SERVICES cont’d** | **#** |
| **Telephone Contacts** |  | **Transportation** | 1 |
| Congregation Members/Clients | 10 | Arrange Transportation |  |
| Non-Members | 0 | **Meals Arranged** |  |
| Administrative | 6 | **Health Fairs/Screenings** |  |
| **Informal Contacts** | 4 | Total Attending |  |
| **Correspondence Sent** |  | # of Community Agencies/Exhibitors |  |
| E-mails | 36 | **Consulting** |  |
| Cards | 2 | **AED/First Aid Kit Maintenance** | 1 |
| Letters | 0 | **Other** (specify)local reaction to site following immunization | 1 |
| **Clergy/Staff Meetings** | 2 |  |  |
| **VISITS** |  | **REFERRALS/LINKING TO RESOURCES** |  |
| **Home Visits** | 7 | Physician or Free Clinic |  |
| Resulting in Physician Referral | 0 | Home Health |  |
| Resulting in ER/Admission | 0 | Physical Therapy |  |
| **Office Visits** |  | Hospice |  |
| Resulting in Physician Referral |  | Valley Health | 1 |
| Resulting in ER/Admission |  | Other community, congregation | 2 |
| Site |  | **EDUCATIONAL PROMOTION** |  |
| **Hospital visits** | 0 | Classes Taught by Parish Nurse |  |
| **Nursing Home/Long-Term Care Visits** | 2 | Topic(s): |  |
| **RELIGIOUS SERVICE PARTICIPATION** |  | Site(s) |  |
| **Funeral Attendance (for congregant)** | 1 | #Attending |  |
| **Worship Services** | 6 | Classes Taught by Others |  |
| **SitesSPS(2), SPJ, SLB, SLMV,** |  | Topic(s): |  |
| **SSNM** |  | Site |  |
| **and bake saleCLINICS/SERVICES** |  | #Attending |  |
| Blood Pressure Clinics | 7 | Bulletin Boards | 1 |
| Total Blood Pressures | 69 | Topics starting a conversation |  |
| Normal BP readings | 30 | Newsletter/Church Bulletin Articles | 1 |
| Abnormal BP readings | 39 | Topics advanced directives |  |
| Physician Referral | 2 | to all with newsletters |  |
| ER/Admissions | 0 | **REFERRALS FROM** |  |
| Site |  | Pastor | 1 |
| **Blood Drives** |  | Congregant | 1 |
| # Attending |  | Health Care Provider |  |
| **Flu Shot Clinics** |  | **COMMUNITY EVENTS ATTTENDED** |  |
| #Attending |  | SMNM Luncheon, BBQ CHICKEN and | 2 |
| **CONTINUING EDUCATION** |  | **Bake sale** |  |
|  |  | **NOTES/CONCERNS/SUGGESTIONS (Use other side)** |  |

For future reference these are the abreviations for the individual Churches

SLB =St. Luke Brethern

SPJ = St. Paul Jerome

SPS =St. Paul Stasburg

SLMV = St. Luke Mt. View.

MZMV =Mt. Zion Mt. View

SMNM =St. Matthew’s North Mountain

SPNM = St. Peter North Mountain

SSNM = St. Stephens North Mountain

It is important that through the hard work of many people,especially Pastor Freddie Helsley , St. Luke Brethern, and all that donate time, food, and hands; that after expenses $880.00 was raised for the faith community nurse program. Thanks to all who participated

**Narrative** Give one example of how Faith Community Nursing made a difference (Continue on other side) \_

Fortunately, we do not fall or hurt ourselves everyday but every so often one experiences a fall that causes great pain and temporary loss of function. A parishioner, who I have come to know, recently experienced such an event. When I visited with the family , I was delighted that they shared their experience and that meeting an unknown physician came away with a very positive experience. However I was concerned about pain control as they had not filled the Rx for pain medication. I understood their reluctance but at the same time could see physical signs of pain, including elevated B/P, and patient stated unable to sleep, due to lack of comfortable position We sat at the table and discussed options. Including increasing the dose of the over the counter pain med currently being used, the RX pain med only at night and perhaps only taking ½ a tablet, also discussed comfort measures including ice and positioning. I left hoping they would accept at least one of the options presented. On my next visit, I found that they had tried several things including using the prescribed mediction at night, the ice was also helping. But most importantly, the patient was able to sleep at night and the B/P was starting to return to baseline.